

Shepherds Inn

Allergens

menu



The Shepherds Inn

Village Green Langwathby

www.shepherds-inn.co.uk

01768 881463

Lunchtime Grazing - Available until 5pm

Deli Rolls

Roast Cumbrian beef, horseradish £6.95

Gluten, Dairy

Cumbrian cheese & homemade chutney £6.95

Gluten, Dairy

Hot Bacon and Brie £6.95

Gluten, Dairy

Hot Cumbrian Sausage in a soft white bap served with caramelized red onion, served with homemade chips £8.50

Gluten, Dairy

Club Sandwich, chicken, lettuce, tomato crispy bacon and creamy mayonnaise all served in toasted bread with homemade chips. £9.95

Gluten, Dairy

All served with side salad, coleslaw & crisps

“The Gangster Wrap“

Jerk Marinated Chicken breast in a tortilla wrap with a mango aioli dip served with sweet potato fries, salad and coleslaw £9.95

Gluten, Dairy

Starters

Soup of the day with homemade bread £4.95

Gluten, Dairy

Creamy Garlic Mushrooms **GFA** £5.50

Gluten, Dairy

Homemade Chicken liver pate £5.95

Gluten, Dairy

Classic Prawn cocktail **GFA** £7.95

Gluten, Seafood, Dairy

The Dressing used on our salads contain mustard seeds

Little Shepherds

For those with a smaller appetite £ 8.75

The famous "Wathby" mini Whale

Gluten,

Cumberland sausage

Gluten, Dairy

Traditional Steak 'n' Ale pie

Gluten, Dairy

Homemade Beef Lasagne

Gluten, Dairy

Deep fried Scampi

Gluten, Seafood

Homemade Chicken Goujons

Gluten,

Chicken Breast, mushroom white wine sauce

Dairy

Vegetarian

Homemade Vegetable Curry served with Pilau rice and naan bread **Vegan** £9.95
Gluten, (naan Bread)

Homemade Nut Roast, new potatoes, roasted red pepper coulis and vegetables £11.50
Nuts

Homemade Falafel Burger, lettuce, tomato, gherkin, crispy onion rings, homemade chips. £11.50

Gluten, Dairy

Salads

Home smoked Chicken Caesar Salad, romaine lettuce, croutons, parmesan, Anchovies £11.50
Gluten, Dairy, Seafood

Goats cheese and beetroot salad, crisp leaves, walnuts, honey dressing £11.50
Nuts, Dairy

Other salads available upon request

The Dressing used on our salads contain mustard seeds

All of our food is produced in our kitchen that uses nuts. Please make staff aware of any allergies.



Shepherds Classics

Rib Eye Steak, salad, mushrooms with homemade chips, onion rings and coleslaw £20.95

Peppercorn or Stilton cream sauce £1.50

Gluten (onion rings), Dairy

Chicken Breast in a white wine, cream, pancetta and mushroom sauce, new potatoes seasonal vegetables £13.50 Dairy

The Famous "Wathby" Whale, beer battered cod, mushy peas, homemade chips and tartare sauce, lemon. £14.60

Gluten, Fish

Homemade Shepherds Pie, locally sourced lamb mince topped with creamy mash and cheddar cheese with seasonal vegetables, pickled red cabbage £12.95

Dairy

Cumberland Sausage, creamy mashed potatoes, seasonal vegetables apple sauce, and rich gravy. £12.75

Gluten, Dairy

Traditional Steak 'n' Ale pie, seasonal vegetables, creamy mash or homemade chips. £13.50

Gluten, Dairy

Homemade Beef Lasagne topped with mozzarella & cheddar, served with garlic bread and dressed salad. £12.95

Gluten, Dairy

Cumbrian 6oz Wagyu Burger, mozzarella cheese, lettuce, tomato, gherkin, crispy onion rings, homemade chips. £14.50

Gluten, Dairy

Grilled 10 oz Gammon Steak, fried free range egg and pineapple, home-made chips tomato & garden peas. £13.75

Wholetail Breaded Scampi (12), homemade chips and tartare sauce, garden peas & salad garnish £13.50

Gluten, Seafood

Side Orders

Garlic Bread Gluten, Dairy	£3.00
Garlic Bread with Cheese Gluten, Dairy	£3.45
Onion Rings Gluten,	£3.00
Homemade Chips Sweet Potato Fries	£3.00 £3.50
(cooked in the same fryer as Battered fish)	

Puddings

Homemade Sticky Toffee Pudding with Toffee sauce (cream or Ice cream) Gluten, Dairy	£6.25
Cheesecake of the day (Cream or Ice cream) Gluten, Dairy	£6.25
Fruit Crumble (Cream or Ice cream) Gluten, Dairy	£6.25
Chocolate Brownie (Cream or Ice cream) Gluten, Dairy	£6.25
Alabama Chocolate Fudge cake (Cream or Ice cream) Dairy	£6.25
Selection of Cumbrian Cheese, chutney, celery & biscuits Gluten, Dairy, Celery	£8.50

Selection of Cream O’Galloway Luxury organic Ice cream & Sorbet

Dairy, Egg yolks

Caramel shortbread ice cream contains Gluten

1 scoop £1.80 , 2 scoops £2.80

3 scoops £3.90

Tea & Coffee

Farrer’s Lakeland tea - per person	£2.40
Americano	£2.75
Cappuccino	£3.00
Latte	£2.90
Espresso	£2.25
Hot Chocolate Dairy (may contain milk)	£3.00

